Health and Wellbeing in our Communities

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Overview

A brief presentation on third sector community capacity building projects in Moray that aim to increase resilience and promote health and well-being in our communities, in context of:

• the Scottish Government’s programme for the Integration of Health and Social Care and how that’s being translated into action in Moray, and;

• the proposed United Nations Sustainable Development Goal 3: Ensure Healthy Lives and Promote Well-Being for All at all Ages
Contents

• Scottish Government National Health and Wellbeing Outcomes
  • 9 high level-statements of what health and social care partners are attempting to achieve through integration: Healthy Living, Independent Living, Positive Experiences, Quality of Life, Addressing Health Inequalities, Carers are Supported, Services are Safe, Engaged Workforce, Effective Resource Use

• Moray Health and Social Care Integration Partnership

• Health and wellbeing in Our Communities
  • Join the Dots 2015 – Unleashing the Power of Communities – Participatory Budgeting
  • Community Capacity Building in Moray – Case Study: The Lampie Hoose – Small is Beautiful

• SDG 3: Ensure healthy lives and promote wellbeing for all at all ages

• Legislation
  • The Public Bodies (Joint Working)(Scotland) Bill – passed by Scottish Parliament in 2014
  • Community Empowerment (Scotland) Bill – introduced to Scottish Parliament in June 2014
  • Human Trafficking and Exploitation (Scotland) Bill – completed Stage 1 on 12 May 2015
Scottish Government National Health and Wellbeing Outcomes

• The National Health and Wellbeing Outcomes are high-level statements of what health and social care partners are attempting to achieve through integration and ultimately through the pursuit of quality improvement across health and social care.

• By working with individuals and local communities, Integration Authorities will support people to achieve the following outcomes:

http://www.gov.scot/Topics/Health/Policy/Adult-Health-SocialCare-Integration/Outcomes


• Outcome 1: People are able to look after and improve their own health and wellbeing and live in good health for longer

• Outcome 2: People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community

• Outcome 3: People who use health and social care services have positive experiences of those services, and have their dignity respected

• Outcome 4: Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services

• Outcome 5: Health and social care services contribute to reducing health inequalities

• Outcome 6: People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their caring role on their own health and well-being

• Outcome 7: People using health and social care services are safe from harm

• Outcome 8: People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide

• Outcome 9: Resources are used effectively and efficiently in the provision of health and social care services
Moray Health and Social Care Integration Partnership

Our Vision

• To enable the people of Moray to lead independent, healthy and fulfilling lives in active and inclusive communities, where everyone is valued, respected and supported to achieve their own goals.

Our Values

• We will always work to support people to achieve their own outcomes and goals that improve their quality of life.
• We will always listen and treat people with respect.
• We will always value the support and contribution provided by unpaid carers.
• We will respect our workforce and give them the support and trust they need to help them achieve positive outcomes for the people of Moray.

Our Local Principles

**Community Outcomes**

- We will aim to support local communities to determine their own health and well-being priorities and we will work in partnership towards the realisation of these agreed outcomes.

**The conversation is at the heart of what we do and is the key to meaningful action**

- Identifying positive outcomes that matter to people is based on a conversation with the service user, patient, unpaid carer and sometimes the whole community. This level of engagement is the essential first step in delivering an outcomes based service.
Join The Dots 2015 – Unleashing the Power of Communities
SDG 3: Ensure healthy lives and promote wellbeing for all at all ages

Burns Supper at The Lampie Hoose

Elgin Youth Café – BBQ on the beach
The Lampie Hoose

- The Lampie Hoose is a volunteer-run project in Portgordon that responded with vigour to challenges brought by funding cuts. Through canny use of a £4200 Change Fund grant they improved the cold, dim space (previously a library). The Lampie Hoose now operates as a vibrant community hub offering a busy programme of activities. Friendships and peer support networks are visibly well established. The warmth of this self-sufficient community of older people is striking as they share tea, scones and laughs, and work together on everything from crochet to computing to DIY, keeping a caring eye on one another’s health and wellbeing.
SDG 3: Ensure healthy lives and promote wellbeing at all ages

• Legislation

  • The Public Bodies (Joint Working)(Scotland) Bill – passed by Scottish Parliament in 2014
    • A Bill to make provision for an Act of the Scottish Parliament to make provision in relation to the carrying out of functions of local authorities and Health Boards; to make further provision about certain functions of public bodies; to make further provision in relation to certain functions under the National Health Service (Scotland) Act 1978; and for connected purposes. - See more at: http://www.scottish.parliament.uk/parliamentarybusiness/Bills/63845.aspx#sthash.kJeRsxFa.dpuf

  • Community Empowerment (Scotland) Bill – introduced to Scottish Parliament in June 2014
    • A Bill to make provision about national outcomes; to confer functions on certain persons in relation to services provided by, and assets of, certain public bodies; to amend Part 2 of the Land Reform (Scotland) Act 2003; to enable certain bodies to buy abandoned or neglected land; to make provision for registers of common good property and about disposal and use of such property; to restate and amend the law on allotments; to enable local authorities to reduce or remit non-domestic rates; and for connected purposes. - See more at: http://www.scottish.parliament.uk/parliamentarybusiness/Bills/77926.aspx#sthash.NV4UEzBB.dpuf

  • Human Trafficking and Exploitation (Scotland) Bill – completed Stage 1 on 12 May 2015
    • An Act of the Scottish Parliament to make provision about human trafficking and slavery, servitude and forced or compulsory labour, including provision about offences and sentencing, provision for victim support and provision to reduce activity related to offences. - See more at: http://www.scottish.parliament.uk/parliamentarybusiness/Bills/84356.aspx#sthash.ozg4tQRB.dpuf
Thank you 😊

www.tsimoray.org.uk